



## 14er winter ascent with overnight at Barr Camp.

The gear on this list is **required**. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) or [Mountain Equipment Recycler](#) here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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### Footwear:

- Insulated glacier boots or double plastics depending on conditions and temperature. If in any questions, please call our office for advice.
- Gaiters (make sure they fit your boots)
- (2 pairs) Wool or synthetic socks. No cotton.
- Liner sock. This is a personal preference, not required.
- Snowshoes and trekking poles may be necessary depending on route conditions. Confirm prior to climb.

### Clothing (all to be wool or synthetic):

- Base Layer, long sleeve tops and bottom.
- Softshell Pants, Softshell pants are preferred for wind & water resistant & versatile qualities.
- Insulation Layer, top. Softshell again is recommended here. Fleece is ok but these have no wind protection so softshell is preferred.
- Hardshell Pants. Must have full side zip to remove or add with boots on.
- Hardshell Jacket with hood. Hardshells are required for wind protection and weather protection.
- Insulated "puffy" jacket or parka w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

### Headwear:

- Synthetic or wool hat (beanie)
- Buff or neck gaiter. I highly recommend buffs for their versatility. They also second as a face mask.
- Ball Cap or Visor, sun protection for your face.
- Glacier glasses, sunglasses with dark lens' and wraparound sun and wind protection.
- Goggles. Necessary when temps are cold or wind is high.

### Handwear:

- Liner glove
- Softshell glove, water proof.
- Expedition mitten.

### Overnight Gear:

- Sleeping Bag, rated to 15\* F or lower. We prefer down. Lighter, easier to pack and last longer than synthetic.
- Pillow. This can be made out of a stuff sac and clothing layers.
- Mug/bowl and spoon for morning and evening meals.
- Toiletries, toothbrush/toothpaste, (small) hand sanitizer, wet wipes, etc.
- Headlamp, check batteries.

### Other gear:

- 50-65L Backpack, make sure your gear fits in pack prior to trip.
- Trekking poles with snow baskets.
- (2)1L waterbottle, leakproof bottle like Nalgene to be kept inside pack to prevent freezing. Bladder hoses will freeze.
- Waterbottle Jacket for insulation.
- Sunscreen, lipscreen 30SPF minimum
- Camera
- Snacks, 1300 calories per day. Trail mix, gu, shot blocks, snickers bars, trail bars, gummy bears, beef jerky, cheese.
- Small first aid kit with personal meds, bandages and blister bandages (Blisto-Ban). Don't bring mole-skin unless you already use it.
- Spare door and ignition key, for groups carpooling.