



14er ascent, autumn.

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) or [Mountain Equipment Recycler](#) here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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Footwear:

- Fully waterproof hiking boot. Boots must be broken in. If in any questions, please call our office for advice.
- Gaiters (make sure they fit your boots).
- Wool or synthetic socks, 2 pairs. No cotton.
- Liner sock. This is a personal preference, not required.
- Traction devices. These offer superior traction on icy trails! Brands in order of quality: Kahtoola, Ice Trekkers and Yak Trax.

Clothing (all to be wool or synthetic):

- Base Layer, long sleeve tops and bottom.
- Softshell Pants, Softshell pants are preferred for wind & water resistant & versatile qualities.
- Insulation Layer, top. Softshell again is recommended here. Fleece is ok but these have no wind protection so softshell is preferred.
- Hardshell Pants. Must have full side zip to remove or add with boots on.
- Hardshell Jacket with hood. Hardshells are required for wind protection and weather protection.
- Insulated "puffy" jacket or parka w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

Headwear:

- Synthetic or wool hat (beanie)
- Buff or neck gaiter. I highly recommend buffs for their versatility.
- Ball Cap or Visor, sun protection for your face.
- Glacier glasses, sunglasses with dark lens' and wraparound sun and wind protection.
- Goggles. Necessary when temps are cold or wind is high.

Handwear:

- Liner glove
- Softshell glove, water and wind resistant.
- Mitten shell.

Other gear:

- ~35L Backpack, make sure your gear fits in pack prior to trip.
- Trekking poles. Not required but nice to have.
- (2)1L waterbottle, leakproof bottle like Nalgene to be kept inside pack to prevent freezing. Bladder hoses will freeze.
- Headlamp.
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, 1500 calories for the day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.
- Spare door and ignition key, for groups carpooling.