



## Crack Climbing Gear List

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office for advice. Mountain Chalet here in Colorado Springs is a great resource for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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### Climbing gear:

- \*Climbing helmet.
- \*Climbing harness.
- \*Climbing shoes.
- \*Belay device.
- \*Climbing Tape (included)

\*Included, but please bring your gear if you own them.

### Clothing:

- Pants, a must for crack climbing.
- Insulation layer (top) fleece or "puffy" jacket, an extra layer for cool mornings or adverse weather.
- Rain jacket. Makes a great wind barrier too.

### Headwear:

- Ball Cap or Visor, sun protection for your face.
- Sunglasses with wraparound sun and wind protection.
- Buff (neck gaiter) keeps the sun off your neck and works well under a helmet for cool mornings.

### Handwear:

- Light pair of gloves, or belay gloves.

### Other gear:

- ~35Liter Backpack, make sure your gear fits in pack prior to course day.
- (1 or 2) 1L water bottles leak-proof bottle like Nalgene works best.
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, about 1300 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
- Spare door and ignition key, for groups carpooling.