



## Rock Climbing Spring & Autumn

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. Mountain Chalet, REI, Mountain Equipment Recycler or Gearonimo here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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### Climbing gear:

- \*Climbing helmet.
- \*Climbing harness.
- \*Climbing shoes.
- \*Belay device.

\*Included, but please bring your gear if you own them.

### Clothing:

- Pants, better than shorts for rock climbing in spring and autumn.
- Insulation layer (top) fleece or "puffy" jacket, an extra layer for cool mornings or adverse weather.
- Rain jacket. Makes a great wind barrier too.

### Headwear:

- Ball Cap or Visor, sun protection for your face.
- Sunglasses with wraparound sun and wind protection.
- Beanie stocking cap. Buff is acceptable in place of beanie.
- Buff (neck gaiter, optional). I recommend buffs for their versatility year-round.

### Footwear:

- Closed toe athletic shoes. Approach shoes with sticky rubber if you have them.

### Handwear:

- Light pair of gloves, or belay gloves.

### Other gear:

- 25-35Liter Backpack, make sure your gear fits in pack prior to course day.
- (1 or 2) 1L water bottles leak-proof bottle like Nalgene works best.
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, about 1000 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
- Spare door and ignition key, for groups carpooling.