



Summer Summit via Barr Camp with overnight.

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) or [Mountain Equipment Recycler](#) here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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Footwear:

- Fully waterproof hiking boot, lightweight but rugged. Boots must be broken in. If in any questions, please call our office for advice.
- Wool or synthetic socks. No cotton.
- Liner sock. This is a personal preference, not required.
- Trekking poles. Not required but nice to have.

Clothing (all to be wool or synthetic):

- Base Layer, short sleeve, and long sleeve top.
- Hiking Pants, convertible pants ok but no shorts. Lightweight and quick dry.
- Insulation Layer, top. Softshell again is recommended here. Fleece is ok but these have no wind protection so softshell is preferred.
- Hardshell Jacket with hood. Hardshell pant with full side zip may be req'd depending on Wx forecast. Hardshells are required for wind protection and rain protection.

Headwear:

- Synthetic or wool hat (beanie)
- Buff or neck gaiter. I highly recommend buffs for their versatility.
- Ball Cap or Visor, sun protection for your face.
- Sunglasses with dark lens' and wraparound sun and wind protection.

Handwear:

- Liner glove
- Softshell glove, water and wind resistant.

Overnight Gear:

- Sleeping Bag, rated to 30* F or lower. We prefer down. Lighter, easier to pack and last longer than synthetic.
- Pillow. This can be made out of a stuff sac and clothing layers.
- Mug/bowl and spoon for hot drinks and early morning breakfast (oatmeal).
- Toiletries, toothbrush/toothpaste, (small) hand sanitizer, wet wipes, etc.
- Headlamp, check batteries.
- Camp shoe, lightweight sandal for around camp. Flip flops are light, Chaco sandals are not light. Also Sanuks work well.
- Earplugs can be nice to have if staying in main cabin of Barr Camp.
- Cards, dominos, lightweight games that you may want to play during down time at camp.

Other gear:

- 35-45L Backpack, make sure your gear fits in pack prior to trip.
- (2)1L waterbottle, leakproof bottle like Nalgene works best. Bladders are ok but leaks will shut down a trip.
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, about 1300 calories per day. Dinner and breakfast are included but you will need lunch food for on the go. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
- Small first aid kit with personal meds, bandages and blister bandages (Blisto-Ban). Don't bring mole-skin unless you already use it.
- Spare door and ignition key, for groups carpooling.