

# Steep Snow Climb Gear List

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. <u>Mountain Chalet</u> or <u>Mountain Equipment Recycler</u> here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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## Climbing gear:

- Climbing Harness, with releasable and adjustable leg loops.
- \_\_Locking carabiner, pear shaped and round stock

\_\_Belay device

- (1) Extra locking carabiner, can be lightweight "i-beam" contruction.
- \_\_\_Ice Axe (55-65cm recommended). Leash may be required for some climbs.
- Crampons (make sure they're fitted to your boot).
- \_\_Climbing Helmet.

### Footwear:

\_\_Insulated, stiff mountaineering boot with rigid sole. Plastic double boots may be required for some conditions. Hiking boots are often not rigid or warm enough. If in doubt, please call our office for advice.

- \_\_Gaiters (make sure they fit your boots).
- \_\_\_Wool or synthetic socks. No cotton.
- Liner sock. This is a personal preference, not required.
- \_\_Snowshoes and ski poles may be necessary. Confirm prior to climb.

#### Clothing (all to be wool or synthetic):

- Base Layer, long underwear, top and bottoms.
- \_\_Insulation Layer, Softshell Pants and Jacket. Fleece is ok if you have hardshell outerlayer.
- \_\_\_Hardshell Pants (full side zip) and Jacket with hood.
- \_Insulated "puffy" Jacket w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

#### Headwear:

- \_\_\_\_Synthetic or wool hat, (beanie) must fit under helmet.
- Buff or neck gaiter. I highly recommend buffs for their versatility.
- \_\_Glacier glasses, sunglasses with dark lens' and wraparound sun and wind protection.
- \_\_Goggles. A must when the wind kicks up.

## Handwear:

- Liner glove
- \_\_\_Softshell glove, water and wind resistant.
- \_\_\_Waterproof glove or mitt.
- \_\_\_Three pairs of gloves/mitt combo total.

## Other gear:

- \_\_25-35L Backpack, make sure your gear fits in pack prior to course day.
- \_\_1L waterbottle (2L max), leak-proof bottle like Nalgene works best.
- \_\_\_Sunscreen, 30SPF minimum
- \_Lipscreen
- \_Camera
- \_\_Snacks, about 1000 calories for the day. Sandwich, candy bars,and trailmix work well, bring what tastes good to you.
- \_\_Spare door and ignition key, for groups carpooling.