

# Ski / Split Hut equipment list

The gear on this list is <u>required</u>. This equipment is not only designed to keep you comfortable in the backcountry, but it can also save your life. Mountain Chalet, Mountain Equipment Recyclers and REI are a great resource for knowledge and product selection.

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Snow/ski gear:

- \_\_Alpine Touring (AT) skis, Tele-skis, Splitboard.
- \_Climbing Skins for skis and splitboards.
- \_\_\_Ski Poles (collapsible), required for all backcountry travelers on this course.

### Saftey gear:

- \_\_Avalanche Transceiver. Digital (3 antenna) beacon transmitting on 457 kHz.
- Avalanche Probe. Collapsible probe made of aluminum or carbon fiber.
- \_\_Shovel. Aluminum shovel (not plastic) designed for backcountry use.
- \_\_\_Avalung and/or Airbag (optional).
- \_\_\_Ski Helmet, for ski descents (be sure you can fit in, or carry on backpack).
- \_\_Spare door and ignition key, for groups carpooling. It's a real bummer to lose a key on a tour.

### Footwear:

- \_\_\_Ski Boots, Snowboard Boots or Tele Boots.
- \_\_\_Wool or synthetic socks. No cotton.
- Liner sock. This is a personal preference, not required.
- \_\_Hut shoe, (optional but nice, Sanuks work well).

## Clothing (all to be wool or synthetic, no cotton):

Base Layer, long underwear, top and bottoms.

- \_Insulation Layer, Softshell Pants and Jacket. Fleece is ok if you have hardshell outerlayer.
- \_\_\_Hardshell Pants (full side zip) and Jacket with hood. This is a wind and waterproof layer (Gore-tex) or similar.
- \_\_Insulated "puffy" Jacket w/ hood. Down or Synthetic. This layer is meant to be worn on outside of all other layers combined.

#### Headwear:

Synthetic or wool hat (beanie).	Handwear:
Buff or neck gaiter.	Liner glove.
Sunglasses with dark lens and wraparound sun & wind	Softshell glove, water and wind resistant.
protection.	Mittens, good to have in your pack for colder temps.
Goggles.	Two pairs of warm gloves/mittens minimum.

#### Overnight Gear:

\_\_Sleeping Bag, rated to 20\* F or lower. We prefer down. Lighter, easier to pack and last longer than synthetic.

- \_\_Pillow. This can be made out of a stuff sac and clothing layers.
- \_\_\_\_Toiletries, toothbrush/toothpaste, (small) hand sanitizer, wet wipes, etc.

\_\_\_Headlamp, check batteries.

## Other gear:

- \_\_~55-65L Backpack, make sure your gear fits in pack prior to course day.
- \_\_First-aid kit (small), blister bandages, band-aid and personal medications.
- \_\_1L waterbottle (2L max), leakproof bottle like Nalgene works best. I bring a 24oz Thermos with warm drinks for the cold days.
- \_\_Sunscreen and lipscreen, 30SPF minimum.
- \_\_Ski strap(s), small knife/multitool, lighter, a few zip ties, & a short sections of bailing wire for field repairs.

\_Camera, camera phone.

\_Snacks, about 1000 calories for the day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.