



North Cascades, Baker/Shuksan Ski Gear List

The gear on this list is **required**. If you have any questions about this list or the gear on it, please contact our office or your guide for advice.

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Glacier gear:

- Ski Mountaineering Harness with belay loop.
- (3) pear shaped locking carabiners, screw gate
- (4) D-shaped non-locking carabiners
- 120cm nylon or dyneema sewn sling.
- 240cm 6mm cord
- (2) 60cm 5 or 6mm prusiks cords, (60cm loop tied with ~5.5' of cord).
- Ice Axe (50-55cm recommended).
- Ski Crampons
- Boot Crampons

Ski gear:

- Alpine Touring (AT) skis, Splitboard, Telemark-skis.
- Climbing Skins.
- Adjustable Ski Poles, required for all backcountry tours.
- Ski Strap, rubberized strap for strapping skis together for transport on pack or in the car with skins on.

Safety gear:

- Avalanche (3 antenna) Transceiver.
- Probe. Collapsible probe made of aluminum or carbon fiber.
- Shovel. Aluminum shovel.
- Ski Helmet, for descents (be sure you can fit in, or carry securely on backpack).
- Spare door and ignition key, for groups carpooling.

Footwear:

- Ski Boots, Snowboard Boots or Tele Boots. Make sure cuff of pants fits over boots.
- Trail shoe, trail runner or similar for the hike in on dry ground.
- (2) Wool or synthetic socks.
- Liner sock. This is a personal preference, not required.

Clothing (all to be wool or synthetic):

- Base Layer, long underwear, top and bottoms.
- Mid Layer Top (with hood is nice). Mid weight layer
- Softshell Pants and (wind resistant, breathable)
- Softshell Jacket (wind resistant, breathable)
- Hardshell Pants with full side zip (waterproof).
- Hardshell Jacket with hood. (waterproof).
- Large Insulated "puffy" Jacket w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

Headwear:

- Synthetic or wool hat, (beanie) must fit under helmet.
- (2) Buff or neck gaiter. This seconds as face covering.
- Ball Cap or Visor, sun protection on the approach.
- Glacier glasses, sunglasses with wrap around and dark lens'.
- Goggles. Lens' do not have to be as dark as glacier glasses.

Handwear:

- Liner glove
- Softshell glove, water and wind resistant.
- Waterproof (heavy) glove or mitt.
- Three pairs of gloves/mitt combo total.

Camp and Other gear:

- 4-Season tent.
 - ~75L Expedition backpack.
 - Trash compactor bags (to line backpack, this is the Northwest, wet).
 - (2) 1L Nalgene water bottles. Collapsible bottles are acceptable.
 - Sleeping Bag, rated to 15* F or lower.
 - Sleeping pads. Inflatable and/or Closed Cell Foam.
 - Mug/bowl and spoon for hot drinks and meals.
 - MSR Stove and two small cans fuel. This can be group gear.
 - Toiletries, toothbrush/toothpaste, hand wipes, etc.
 - Headlamp, batteries.
 - Hand Sanitizer
 - Sunscreen and Lipscreen, 30SPF minimum.
 - Camera.
 - First Aid Kit, Small personal kit. Blister gear, tape and basic medications. These can be shared.
 - Earplugs.
 - Snacks, about 1500 calories for the day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.
 - Dinners and Breakfasts (1) for number of nights out. Freeze dried meals are simple but make sure they fit your dietary needs.
 - WagBag for human waste disposal, (1) for each night out.
 - Pee Bottle. 1.5L collapsible Nalgene work best (optional but nice to have).
 - Spare door and ignition key, for groups carpooling.
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- Travel clothing. We'll wear these to the trailhead and nice to change into after the climb.

