



## North Cascades, Baker/Shuksan Gear List (May-June)

The gear on this list is **required**. If you have any questions about this list or the gear on it, please contact our office or your guide for advice.

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### Glacier gear:

- Climbing Harness with belay loop.
- (3) pear shaped (screw gate) locking carabiners.
- (4) D-shaped non-locking carabiners.
- 120cm nylon or dyneema sewn sling.
- 240cm 6mm cord.
- (2) 60cm 5 or 6mm prusiks cords, (60cm loop tied with ~5.5' of cord).
- Ice Axe (55-60cm recommended).
- Crampons.
- Climbing helmet.

### Footwear:

- Mountaineering Boot, boot to match objectives (Ex. Spantix double boot or Nepal).
- Gaiters.
- Trail shoe, trail runner or similar for the hike in on dry ground.
- (2) Wool or synthetic socks.
- Liner sock. This is a personal preference, not required.

### Clothing (all to be wool or synthetic):

- Base Layer, long underwear, top and bottoms.
- Mid Layer Top (with hood is nice). Mid weight layer
- Softshell Pants and (wind resistant, breathable)
- Softshell Jacket (wind resistant, breathable)
- Hardshell Pants with full side zip (waterproof).
- Hardshell Jacket with hood. (waterproof).
- Large Insulated "puffy" Jacket w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.

### Headwear:

- Synthetic or wool hat, (beanie) must fit under helmet.
- (2) Buff or neck gaiters. These second as face coverings.
- Ball Cap or Visor, sun protection for your face on the approach.
- Glacier glasses, sunglasses with dark lens' and wrap around protection.
- Goggles.

### Handwear:

- Liner glove
- Softshell glove, water and wind resistant.
- Waterproof (heavy) glove or mitt.
- Three pairs of gloves/mitt combo total.

Camp and Other gear:

- 4-Season tent (wind and waterproof).
  - ~75L Expedition backpack.
  - (1 or 2) Trekking poles with snow baskets for hike into camp.
  - Trash compactor bags (to line backpack, this is the Northwest, wet).
  - (2) 1L Nalgene water bottles. Collapsible bottles are acceptable (Ex. HydaPak)
  - Sleeping Bag, rated to 0° F or lower.
  - Sleeping pads. Inflatable and/or Closed Cell Foam.
  - Mug/bowl and spoon for hot drinks and meals
  - MSR Stove and two small cans fuel.
  - Toiletries, toothbrush/toothpaste, hand wipes, etc.
  - Hand Sanitizer.
  - Headlamp and batteries. (1 set of extra batteries for 2-3 people is a good idea).
  - Sunscreen and Lipscreen, 30SPF minimum.
  - Camera
  - First Aid Kit, Small personal kit. Blister gear, tape and basic medications. These can be shared.
  - Earplugs,
  - Snacks, about 1500 calories for the day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.
  - Dinners and Breakfasts (1) for number of nights out. Freeze dried meals are simple but make sure they fit your dietary needs.
  - WagBag for human waste disposal, (1) for each night out.
  - Pee Bottle. 1.5L collapsible Nalgene work best (optional but nice to have).
  - Spare door and ignition key, for groups carpooling.
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- Travel clothing. We'll wear these to the trailhead and nice to change into after the climb.

