



## Sport Climbing / Gym to Crag Gear List

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) here in Colorado Springs is a great resource for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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### Climbing gear:

- Climbing helmet.
- Climbing harness.
- Climbing shoes. Comfortable all day rock shoes.
- Belay device, ATC or similar and bring a Gri Gri if you have one.
- 6-10 Quick draws (optional)
- 4 locking carabiners. At least one should be a pear-shaped carabiner for belaying/rappeing
- 4 non-locking carabiners.
- 16' 7mm nylon cord or 240cm dymemma sling.
- Autoblock, aka 3<sup>rd</sup> hand. This can be a Sterling Hollowblock or 4' of 5mm cord. This is a rappel back-up.
- Nylon slings, (1) 120cm (aka, double length sling).
- PAS Personal Anchor System. (PAS is optional if you have 120cm nylon sling, PAS is preferred).

### Footwear:

- Approach Shoes

### Clothing:

- Pants, or shorts. Check the weather. I prefer light pants over shorts for rock climbing.
- Insulation layer (top), an extra layer for cool mornings or adverse weather.
- Rain jacket.

### Headwear:

- Ball Cap or Visor, sun protection for your face.
- Sunglasses with wraparound sun and wind protection.
- Buff (optional). I recommend buffs for their versatility year-round.

### Handwear:

- Belay glove w/ or w/o fingers (optional but nice)

### Other gear:

- 25-35L Backpack, make sure your gear fits in pack prior to course day.
- (2-3) 1L water bottles leak-proof bottle like Nalgene works best. Bladders ok but less appealing.
- Sunscreen, 30SPF minimum
- Lipscreen
- Camera
- Snacks, Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
- Spare door and ignition key, for groups carpooling.