



Alpine Rock Climbing with overnight/bivy Gear List

The gear on this list is required. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. [Mountain Chalet](#) or [Mountain Equipment Recycler](#) here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list.

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Climbing gear:

- Climbing helmet.
- Climbing harness.
- Rock Climbing shoes, comfortable all day shoes for harder routes.
- Belay device. (ATC)
- Locking carabiners (2), pear shaped is best.
- 120cm nylon sling.
- Chalk bag and climbing chalk for harder climbs and humid forecasts.

Clothing and footwear:

- Pants, for rock climbing. We will be at higher elevations and the temps are typically cooler. Light softshell are best.
- Base Layer, tops. Lightweight short and long sleeve or just long sleeve ok.
- Insulation layer (top), an extra layer for cool mornings or adverse weather.
- Rain jacket. Waterproof, lightweight.
- Rain pants with full side zip is required for overnight climbs.
- Lightweight insulated "puffy" Jacket w/ hood. Down or Synthetic. This is nice for the bivy site at night.
- Approach shoes. For some early season alpine rock climbs crampon compatible boots may be required.

Headwear:

- Ball Cap or Visor, sun protection for the hike in and out.
- Sunglasses with wraparound sun and wind protection.
- Beanie stocking cap. Buff is acceptable in place of beanie.
- Buff (neck gaiter, optional). I recommend buffs for their versatility year-round.

Handwear:

- Liner glove
- Leather belay glove may be enough.

Bivy and Other gear:

- Trekking pole. I bring one for the approach.
- ~40-50L Backpack, make sure your gear fits in pack prior trip date.
- ~10-15L Route pack, for rain jacket, shoes, water bottle and snacks.
- 2L Collapsible bladders (ex. HydraPak). (2) 1L Nalgene bottles ok.
- Sleeping Bag, rated to 30* F or lower. We prefer down. Lighter, easier to pack and last longer than synthetic.
- Pillow. This can be made out of a stuff sac and clothing layers.
- Mug/bowl and spoon for hot drinks and meals.
- Toiletries, toothbrush/toothpaste, hand wipes, etc.
- Headlamp, check batteries.
- Bivy Bag, lightweight. We may use a tent in some cases. Then bivy bag is not required.
- Sleeping pad. Inflatable work well.
- Sunscreen and lipscreen, 30SPF minimum
- Camera
- Dinners and hot drinks for bivy night.
- 1 breakfast. I like simple oatmeal packs. Coffee, Tea?
- Snacks, about 1500 calories for the day. Sandwich, candy bars, and trailmix work well, bring what tastes good to you.
- WagBag for human waste disposal. Blue Bags are ok.
- Spare door and ignition key, for groups carpooling.