

Ski / Split Mountaineering Course 2-day

The gear on this list is <u>required</u>. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. <u>Mountain Chalet</u> or <u>Mountain Equipment Recycler</u> here in Colorado Springs are great resources for knowledge and product selection. PPAS also rents most gear (not clothing) on this list. Split-boards can be rented from PPAS.

719-368-9524 info@pikespeakalpineschool.com

Ski gear:
Alpine Touring (AT) skis, Splitboard, Telemark-skis.
Climbing Skins.
Adjustable Ski Poles, required for all backcountry tours.
Ski Strap, rubberized strap for strapping skis together for transport on pack or in the car with skins on.
Saftey gear:
Avalanche Transceiver. Digital beacon transmitting on 457 kHz.
Probe. Collapsible probe made of aluminum or carbon fiber.
Shovel. Aluminum shovel (not plastic) designed for backcountry use.
lce Ax. 45-60cm
Crampons (make sure these fit your ski or snowboard boot well).
Ski Crampons to fit your bindings and skis.
Ski Helmet for descents and some climbsSpare door and ignition key, for groups carpooling.
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Footwear:
Ski Boots, Splitboard Boots
Wool or synthetic socks. No cotton.
Liner sock. This is a personal preference, not required.
Clothing (all to be wool or synthetic): Base Layer, long underwear, top and bottoms.
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Hardshell (full side zip) pants and Jacket with hood.
Insulated "puffy" Jacket w/ hood. Down or Synthetic. Make sure it fits over all other layers combined.
Headwear:
Ski Helmet
Synthetic or wool hat (beanie)
Buff or neck gaiter. I highly recommend buffs for their versatility.
Glacier glasses, sunglasses with dark lens' and wraparound sun and wind protection.
Googles, dark lens'Visor hat (optional).
Handwear:
Liner glove
Softshell glove, water and wind resistant.
Waterproof glove or mitten.
Two pairs of gloves/mitts minimum.
Other gear:
Other gear:35-40L Ski backpack, capable of A-frame or diagonal ski carry.
Sunscreen, 30SPF minimum
Lipscreen
Camera
Snacks, about 1000 calories for the day. Sandwich, candy bars,and trailmix work well, bring what tastes good to you.