

## Red Rock multi-pitch Gear List

The gear on this list is <u>required</u>. If you have any questions about this list or the gear on it, please contact our office or your guide for advice. PPAS also rents most gear (not clothing) on this list.

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Climbing gear:
Climbing helmet.
Climbing harness.
Climbing shoes, comfortable all day shoes.
Belay device. ATC for belay/rappels, Bring a GriGri if you're comfortable using it.
Locking carabiners (2), pear shaped is best.
120cm nylon sling.
Clothing and footwear:
Pants for rock climbing. Very light (and light colored) softshell are best.
Insulation layer (light top), an extra layer for cool mornings or adverse weather.
Rain jacket may be required for some climbs and forecasts.
Approach shoes. Light weight, sticky rubber shoes.
Headwear:
Ball Cap or Visor, sun protection for the hike in and out.
Sunglasses with wraparound sun and wind protection.
Buff (neck gaiter, optional). I recommend buffs for their versatility year-round.
Handwear:
Leather belay gloves are nice.
Other gear:
15-25L Backpack. route pack that is small and fits well.
Water bottle or bladder. HydraPak brand works well and fits in small pack better than solid bottles. 2L capacity.
Small headlamp, Petzl Bindi is a good example and its rechargeable
Sunscreen, 30SPF minimum
Lipscreen
Camera
Snacks, about 1000 calories for the day. Sandwich, candy bars, and trail mix work well, bring what tastes good to you.
Spare door and ignition key, for groups carpooling

PPAS 2311