

Snow/ski gear:



Level 1 and 2 equipment list

The gear on this list is <u>required</u>. This equipment is not only designed to keep you comfortable in the backcountry, but it can also save your life. Mountain Chalet and Salida Mountain Sports (listed below) are a great resources for knowledge and product selection.

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Alpine Touring (AT) skis, Tele-skis, Splitboard. Make all binding adjustments for fit prior to day 1Climbing Skins for skis and splitboards. Ensure that the skins are fitted to your skis or splitboard prior to day 1Ski Poles, required for all backcountry travelers on this course. Collapsible poles are nice.
Saftey gear: Avalanche Transceiver. Digital beacon transmitting on 457 kHz (supplied by PPAS for this course). Probe. Collapsible probe made of aluminum or carbon fiber (supplied by PPAS for this course). Shovel. Aluminum shovel (not plastic) designed for backcountry use (supplied by PPAS for this course). Slope Meter. Key tool for gauging avalanche terrain. (Not Required on AIARE Rescue) Airbag and/or avalung (optional). Ski Helmet, for ski descents (recommended, be sure you can fit in, or carry on backpack). Pencil for making notes & observations in the field book we provide. I also carry an altimeter, map and compass on every tour. Spare door and ignition key, for groups carpooling. It's a real bummer to lose a key on a tour.
Footwear: Ski Boots, Snowboard Boots or Tele Boots. Wool or synthetic socks. No cotton. Liner sock. This is a personal preference, not required. Winter Hiking Boot. This is something you can wear in the classroom or in the parking lot for rescue drills.
Clothing (all to be wool or synthetic, no cotton): Base Layer, long underwear, top and bottoms. Insulation Layer, mid-weight shirt or jacket with a hood ideally. Ski Pants (with ventilation zips). This can be hardshell (waterproof) or soft-shell (wind resistant) depending on the forecast. Ski Jacket with hood. Wind and Waterproof is idea. Gore-tex or similar. Insulated "puffy" Jacket w/ hood. Down or Synthetic. This layer is meant to be worn on outside of all other layers combined.
Headwear: Synthetic or wool hat (beanie). "Buff" or neck gaiter. I highly recommend buffs for their versatility. Sunglasses with dark lens and wraparound sun and wind protection. Goggles.
Handwear: Liner glove. Softshell glove, water and wind resistant. Mittens, good to have in your pack for colder temps. Two pairs of warm gloves/mittens minimum. I bring three.
Other gear: _~35L Backpack, make sure your gear fits in pack prior to course day. _First-aid kit (small), blister bandages, band-aid and personal medications. _1L waterbottle (2L max), leakproof bottle like Nalgene works best. I bring a 24oz Thermos with warm drinks for the cold days. _Sunscreen and lipscreen, 30SPF minimum. _Ski strap(s), small knife/multitool, headlamp w/new batteries, lighter, a few zip ties, & a short sections of bailing wire for field repairs _Camera, camera phone. _Snacks, about 800 calories for the day. Sandwich, candy bars,and trailmix work well, bring what tastes good to you.

For AIARE 2 Courses bring: (optional for AIARE 1 courses)

- Snow saw or folding pruning saw (approx. 40cm blade).
- Crystal identification screen. Dark color, metal screen is STRONGLY RECOMMENDED.
- Magnifier (8x or 10x RECOMMENDED).
- Folding rule (graduated in centimeters required. 2 meter length).
- Compass (Optional, compass with clinometer or bring separate clinometer RECOMMENDED)
- Altimeter (Optional)
- AIARE Fieldbook
- Pencil and spare
- Pocket Knife

Mountain Chalet:

All your backcountry clothing and equipment needs. 15 N Nevada St, Colorado Springs (719) 633-0732 www.mtnchalet.com

Salida Mountain Sports:

All your backcountry clothing and equipment needs. 110 F St, Salida, CO 81201 (710) 539-4400 www.salidamountainsports.com

Ortovox USA: Beacon, shovels, packs, probes and more... www.ortovoxusa.com